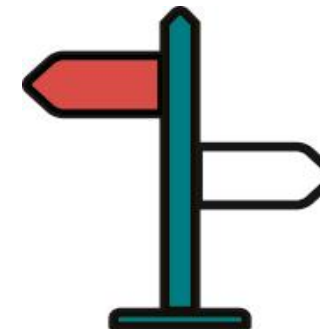


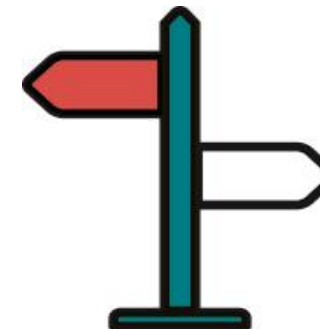
## Social Groups for Older People

Updated: November 2018

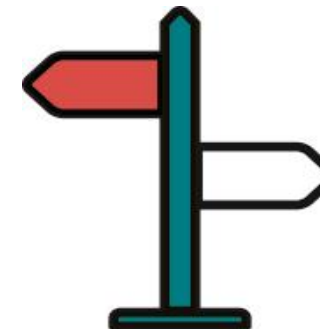
Province	Non Masonic Groups	Masonic Groups
Bedfordshire	<p>Activities for the Over 55s Contact: 01582 606031 Held at: Dunstable</p> <p>Bedford U3A Contact: <a href="mailto:bedfordu3a.secretary@gmail.com">bedfordu3a.secretary@gmail.com</a> Held at: Bedford</p>	<p>Bedfordshire run two summer luncheons and two Christmas luncheons for the widows. Contact: Jacqui on 01234 214292.</p>
Berkshire	<p>Wokingham &amp; District Widows Group Contact: Avril Rimmer on 01189 787576 Held at: The Bradbury Centre, The Methodist Church, Rose Street, Wokingham, Berkshire, RG40 1XS</p>	<p>Widows Associations:</p> <p>Contact: David Lawrenson on 07957 929707 Meets every month on a Monday morning during the Masonic year.</p> <p>(Newbury Group) contact: Michael Sparvell on 01635 552529.</p> <p>Court Ladies Club Contact: David Lawrenson on 07957 929707 Widows and wives meet once a month during the Masonic year at the Masonic Centre in Wokingham.</p>



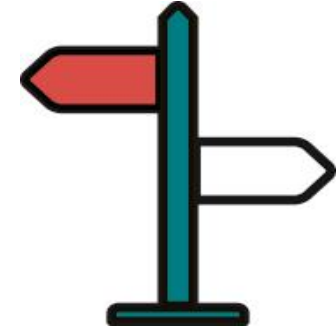
Province	Non Masonic Groups	Masonic Groups
		This club meets in the evening with a dinner followed by a guest speaker.
Bristol	<p>Instep Club For Widows and Widowers            Contact: Donna on 01275 832676 or Wilma on 01179 628895            Held at: Stoke Bishop Village Hall, 42 Stoke Hill, BS9 1EX</p>	<p>Bristol Widows Association            Contact: Mrs Cynthia Reynolds on 01179 503835 or <a href="mailto:cynthia20reynolds@yahoo.co.uk">cynthia20reynolds@yahoo.co.uk</a></p>
Buckinghamshire	<p>Adult and Older People Groups            Contact: 01895 837200</p>	
Cambridgeshire	<p>COPE            Contact: 01223 364303            Held at: The Golding Room, St Luke's Community Centre, Victoria Road, Cambridge CB4 3DZ</p> <p>Glington Friendship Group            Contact: 07881 620889            Held at: Glington Village Hall, High Street, Glington, Peterborough, PE6 7JP</p> <p>Ely &amp; District U3A            Contact: Peter Lee on 01353 649417            Held at: Countess Free Church, Chapel Street, Ely, Cambridgeshire, CB6 1AD</p>	<p>Masonic Widows Club            Contact: Tony Mason on 01353 665185 or <a href="mailto:tonymason345@gmail.com">tonymason345@gmail.com</a>            They hold 5 meetings per year which include outings and getting together.</p>



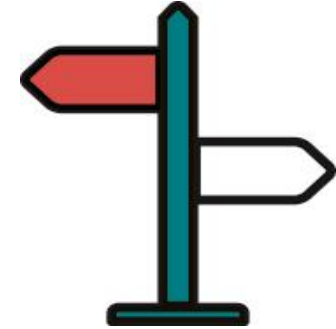
Province	Non Masonic Groups	Masonic Groups
Cheshire	Bright life Contact: 01606 884444	Widows Association Contact: Walter Grundy on 01619 806090 or Ainsley Tidd on 07941 647665 or <a href="mailto:ainsleytidd@cheshiremasons.co.uk">ainsleytidd@cheshiremasons.co.uk</a> . The Widows Association is in its infancy.
Cornwall	Lunch Club Contact: 01209 705159  Live At Home Scheme Contact: 01209 719062 Held at: All Saints Community Centre, Church View Road, Camborne, Cornwall, TR14 8RQ  Helston Age Concern Meets every Monday for lunch. Contact: Mike Smith on 01326 574921.	The Masonic Widows Association S.E. Cornwall Branch Contact: Annetta Lock on 01579 343311 or Linda Snell 01579 347461 and <a href="mailto:m.snell42@btinternet.com">m.snell42@btinternet.com</a>  North and Mid-Cornwall Masonic Widows Association Meets every month near Newquay for lunch and also one-off visits to the theatre etc. Contact: Janet Harling on 01637 874052 or <a href="mailto:jansyl2006@yahoo.co.uk">jansyl2006@yahoo.co.uk</a>
Derbyshire	Hatton Friendship Group Contact: 01283 520380 Held at: Jubilee Hall, Station Road, Hatton.  Volunteer Centre Glossop Contact: 01457 890904  South Derbyshire CVS - Connect Befriending Service Contact: 01283 550163	The Ladies Square Contact: June Jones on 01283 569963. Held at: Ashfield House Masonic Hall in Burton-on-Trent every Tuesday evening.  Bowls in the summer months for ladies and gentlemen. Contact: June Jones on 01283 569963.



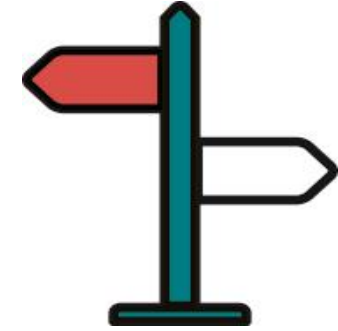
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	<p>Chesterfield Time Bank - Circles of Time Contact: 01246 204418 Matches you with small groups in your local area</p>	
Devonshire	<p>Time for Life Contact: 0345 1551007</p> <p>Acorn Community Support Contact: 01647 252701 Held at: Acorn Community Support, The Surgery, Layne Fields, Exeter, Devon, EX6 7NY</p> <p>Cornwood Luncheon Club Contact: 01752 837630 Held at: Cornwood Luncheon Club, Village Hall, Cornwood, Devon, PL21 9TA</p> <p>Royal Voluntary Social Club Contact: 01209 705159</p> <p>The Old Coach House lunch club Contact: 01803 226766 Held at: Old Coach House, 86 Babbacombe Downs Road, Torquay, South Devon</p>	<p>Masonic Widows' Groups:</p> <p>Exeter &amp; Topsham Contact: Chris Oliver on 01392 877477 or 07900 996794. Held at: Cadogan Court, Barley Lane, Exeter, Devon</p> <p>Trafalgar Lawn Contact: Dave Hingston on 01271 342105 or <a href="mailto:dave.hingston@virgin.net">dave.hingston@virgin.net</a></p> <p>Teign Valley Contact: Harry Rudge on 01626 770823 or <a href="mailto:harryrudge@hotmail.com">harryrudge@hotmail.com</a> Held at: Teignmouth Masonic Hall</p> <p>Manadon Contact: Bill Phillip on 01752 932470 or <a href="mailto:billyredcoat@hotmail.co.uk">billyredcoat@hotmail.co.uk</a> Held at: Manadon Masonic Hall</p>



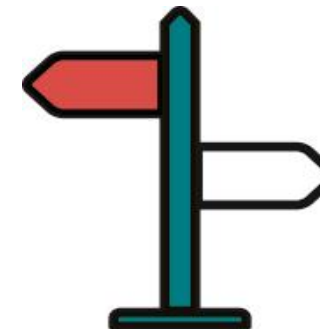
Province	Non Masonic Groups	Masonic Groups
	<p>Age Concern Day Centre Contact: 01395 275408 Held at: Exmouth, Landon House, 9 New North Road, Exmouth, Devon, EX8 1RT</p>	<p>Torbay Contact: Ken Bibbings on 01803 324053 or <a href="mailto:kenbibb222@hotmail.co.uk">kenbibb222@hotmail.co.uk</a> Held at: Courtland Road, Masonic Hall, Paignton</p> <p>Exe &amp; Culm Contact: Tony Hassall on 01884 820451 or <a href="mailto:antonyjhassall@gmail.com">antonyjhassall@gmail.com</a></p> <p>East Devon Contact: Christopher Taylor on 01404 41292 or <a href="mailto:crtaylor@lineone.net">crtaylor@lineone.net</a></p> <p>St Aubyn Contact: Mrs Margaret Daw on 01752 569850</p> <p>Plym Valley Contact: Mrs Molly Adams – contact Bob Munro.</p>
Dorset	<p>Bridport and District Friendship Group Contact: Mrs A Pownall on 01308 422162</p> <p>Just Friends Contact: Marianne Crabb on 01202 064394 Held at: St Clement's Church Hall, St Clement's Road, Parkstone, Poole, Dorset</p>	<p>Portland Widows Association Contact: Rick Green on <a href="mailto:rick7873v@gmail.com">rick7873v@gmail.com</a></p> <p>Poole Widows Association Contact: Ray Hollard on <a href="mailto:jhollard@sky.com">jhollard@sky.com</a></p>



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	<p>New Horizons - Widows Friendship            Contact: 01202 487442            Held at: Christchurch Baptist Church, Beaconsfield Road, Bargates, Christchurch, Dorset BH23 1QT            Lunch Clubs            Contact: <a href="http://www.mylifemycare.com/directory-of-lunch-clubs">www.mylifemycare.com/directory-of-lunch-clubs</a></p>	<p>Wimbourne Widows Association            Contact: Bill Voysey on <a href="mailto:sybill@talkyalk.net">sybill@talkyalk.net</a></p>
Durham	<p>Association of North Eastern Widows            Contact: 01325 263653            Held at: 108 Davison Road, Darlington, County Durham, DL1 3DR</p> <p>Dorothy Rose House            Contact: 01642 805500            Held at: Dorothy Rose House, 190 Borough Road, Middlesbrough, Cleveland, TS1 2EH</p> <p>Come Eat Together            Contact: 01913 746577            Held at: Age UK House, Belmont Business Park, Durham, County Durham, DH1 1TW</p>	<p>Lunch and afternoon tea clubs            Contact: Stephen Gaish on 07898626499 or <a href="mailto:stevegaish2@hotmail.com">stevegaish2@hotmail.com</a></p>
Essex	<p>Royal Voluntary Lunch Club            Contact: 01621 731493            Held at: Essex, 49b Mill Road, Maldon, Essex, CM9</p>	

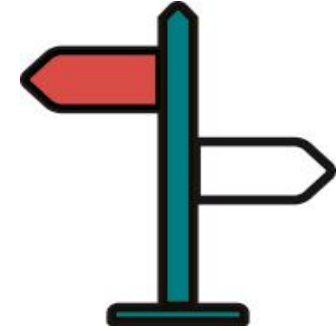


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	<p>5HY</p> <p>Friendship groups in Colchester Contact: <a href="https://www.colchester.gov.uk/info/cbc-article/?catid=whats-on-our-community&amp;id=KA-02667">https://www.colchester.gov.uk/info/cbc-article/?catid=whats-on-our-community&amp;id=KA-02667</a></p>	
Gloucestershire	<p>Chatterbox Lunch Group Contact: 01242 243351 Held at: The Pavillion, Hatherley Lane, Cheltenham, G51 6PN</p> <p>St Matthews Thursday Club Contact: 01242 527699 Held at: St Matthews Church, Clarence Street, Cheltenham, GL50 3PL</p> <p>In Touch Contact: Julie Pritchard on 01452 528491</p>	<p>Cheltenham Masonic Widows and Friendship Contact: W Bro N A J Norman on 01242 252316 Held at: Masonic Hall, Portland Street, Cheltenham on the 3<sup>rd</sup> Tuesday of each month at 10.30am.</p> <p>Cirencester Masonic Widows and Friendship Contact: W Bro F Crossland on 01285 657030 Held at: Masonic Hall, The Avenue, Cirencester, on the 2<sup>nd</sup> Monday of each month at 10.30am.</p> <p>Downend Masonic Widows and Friendship Contact: W Bro F C Beacham on 01454 772816 Held at: Masonic Hall, Shrubbery Road, Downend, on the 3<sup>rd</sup> Tuesday each month at 10.30am.</p> <p>Gloucester and Forest of Dean Masonic Friendship Group Contact: W Bro C M Stretton on 01452 730232. Open to Masonic widows and subscribing widowers.</p>

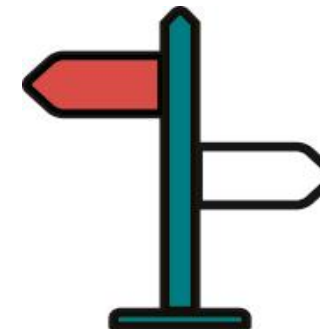


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		<p>Luncheon meetings held each month except January &amp; February and will alternate between Gloucester and the Forest of Dean on the 3<sup>rd</sup> Wednesday of the month.</p> <p>Stroud Masonic Widows and Friendship Contact: W Bro C Cresswell on 01453 765114 Meetings held at the Masonic Hall, Merrywalks, Stroud, on the 3<sup>rd</sup> Tuesday in each month at 2.30pm.</p>
Hampshire & Isle of Wight	<p>Bredoncare Clubs Contact: <a href="http://www.bredoncare.org.uk/clubs/our-clubs">http://www.bredoncare.org.uk/clubs/our-clubs</a> Community Café Contact: 01256 423874 Held at: Church Cottage, Behind St Michael's Church, Basingstoke</p>	
Herefordshire	<p>Lunch clubs Community Wheels: 01568 615785 Hereford Dial-a-Ride: 01432 277622</p>	
Hertfordshire	<p>10 to 3 Club Contact: 01707 323272 Held at: Age UK Hertfordshire, 1 Silver Court, Watchmead, Welwyn Garden City, AL7 1LT</p>	

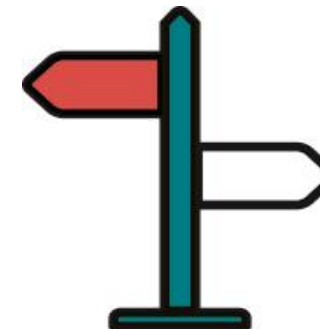




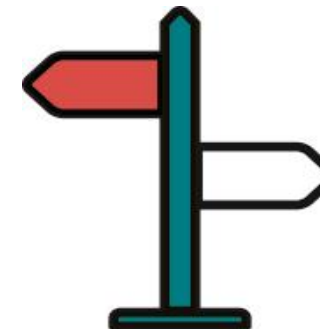
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	<p>Hitchin Friendship Centre Contact: 01462 236564 Held at: St Michael's Community Hall, Hitchen</p> <p>Beaumont Centre Contact: 01992 633241 Held at: Turners Hill, Cheshunt, Broxbourne</p> <p>Hoddesdon Friendship Club Contact: Mrs E Bush on 01992 463611</p>	
Isle of Man	<p>AGE Contact: 01624 631740 Held at: 19 Drinkwater Street, Douglas, Isle of Man, IM1 1AT</p> <p>Southern Befrienders Limited Contact: 01624 833025</p>	
Jersey	<p>Good Companions Club Contact: Angela Falle on 01534 871451 Held at: Rue de Maupertuis, Le Marais, St Clement, JE2 6NG</p>	
West Kent	<p>Friends Together Contact: 01732 360328</p>	



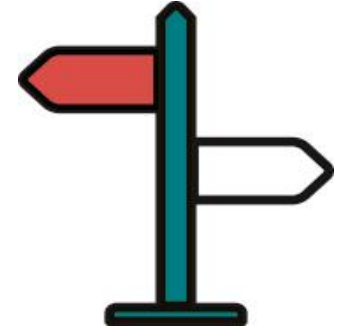
Province	Non Masonic Groups	Masonic Groups
	Brighter Futures Contact: 01622 762403	
East Kent	Age UK lunch group Contact: 01843 223881  National Association of Widows Contact: Alison Hicks on 01227 456270	
Lancashire	Lancaster and Morecambe Friendship Group Contact: Richard Howell on 01524 400504  Just Good Friends Contact: 07557 734233  Todmorden - Luncheon Clubs Contact: 01706 817926 Held at The Cricket Club, Walsden	Southport Masonic Group Wives & Widow Luncheon Club Contact: Mrs Deborah Mathews on 01704 577041 or <a href="mailto:SGWWLC@gmail.com">SGWWLC@gmail.com</a> This group meet every second Wednesday of the month October to May.  Association of Masonic Fellowships Contact: Jean Forrester on 01204 578216 or <a href="mailto:jean.62@btinternet.com">jean.62@btinternet.com</a>
Leicestershire and Rutland	Age UK lunch group Contact: 01162 992233  Widows Sunday Club Contact: 01162 864784 Held at: 28 Gimson Avenue, Leicestershire, LE9 1SS	



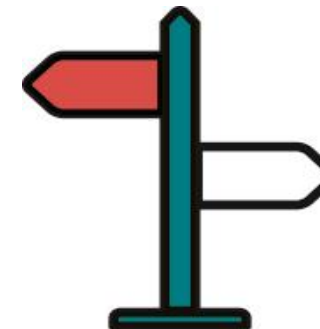
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Lincolnshire	<p>Friendship at home Contact: 01472 602500 Held at: St. Aidan's Community Church, Grimsby Road Cleethorpes, DN35 7RQ</p> <p>Older people group Contact: Janet on 0300 3000563</p>	
Liverpool	<p>Friends in Action Contact: 01514 887805</p> <p>Age Concern Contact: Pat Berry on 01512 562542 Held at: The Poppy Centre, 179, Townsend Lane, Liverpool, L13 9DY</p> <p>Ainsdale Community Care Contact: 01704 574838 Held at: Ainsdale Methodist Church, 688 Liverpool Road, Southport, Merseyside, PR8 3NQ</p>	<p>Liverpool Masonic Hall Ladies Fellowship Contact: Carol Philip on 01515 213871 Held at: The Masonic Hall Hope Street Liverpool L1 9BY. They only meet for lunch 3 times a year and will 'roam' for the summer meeting.</p>
London	<p>Ealing Friendship Centre Contact: 0208 5799868 Held at: 3 Creswick Road, Ealing, London, W3 9EZ</p>	<p>Currently looking into coffee mornings and other support. Contact: <a href="mailto:johnwinter406@btinternet.com">johnwinter406@btinternet.com</a></p>



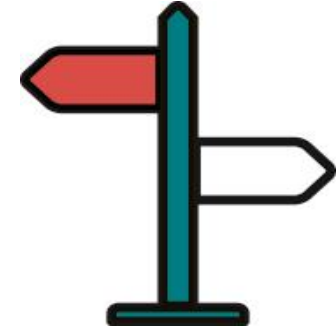
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	<p>CLAN Contact: 020 82308680 Just Good Friends Contact: 020 88980893 Held at: The Waiting Rooms, Isleworth</p>	
Middlesex	<p>Over 50s Club Contact: 020 85793517 Held at: St Paul's Parish Centre, St Pauls Road, Brentford Hounslow U3A Contact: 020 85607756</p>	
Monmouthshire	<p>Welsh Widows Contact: 07749 542858</p> <p>Befriending Monmouthshire Contact: 01600 888481</p>	<p>Newport Ladies Club Contact: Susan Walton at 'Fearnlea' Magor Road, Langstone, NEWPORT NP18 2JX, Tel. (01633) 412023 or Joyce Stinchcombe at 2, Queen Victoria Houses, 100, Stow Hill, NEWPORT NP20 4DY Held at: Newport Masonic Hall</p>
Norfolk	<p>Contact the Elderly Contact: 0800 716543</p>	
Northamptonshire and Huntingdonshire	<p>Northantsfiftyplus Contact: 01604 718098 More than Mobility</p>	<p>Lady Associate Members Contact: Bill Wright on <a href="mailto:pgalmoner@northants-huntsmasons.org.uk">pgalmoner@northants-huntsmasons.org.uk</a></p>



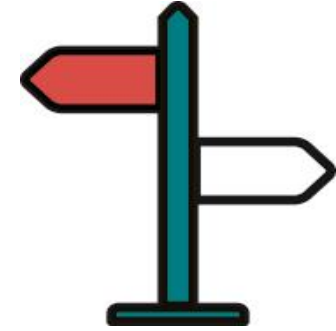
Province	Non Masonic Groups	Masonic Groups
	Contact: 01604 407702 Held at: 25 Weston Favell Centre, Northampton	Ladies meet to listen to a speaker and enjoy light refreshments.
Northumberland	Age UK Northumberland Contact: 01670 784800 Held at: The Round House, Lintonville Parkway, Ashington, NE63 9JZ  Good Friends Contact: 01668 260248 Held at: The Cheviot Centre, 12 Padgepool Place, Wooler, Northumberland	
Nottinghamshire	Over 60's Friendship Club Contact: June Jones on 01159 334892 Held at: Salvation Army, King Edwards Street, Nottingham, NG1 1EU  Attenborough Friendship Group Contact: 01159 259602 Held at: St Marys Church, Church Lane, Attenborough, Nottingham, Nottinghamshire	
Oxfordshire	Tea and talks Contact: Bryan Wardley on 01865 511005 Held at: St Margaret's Institute, Polstead Road	



Province	Non Masonic Groups	Masonic Groups
	<p>North Oxford Association Contact: 01865 552295 Held at: North Oxford Association Community Centre, Diamond Place, Summertown</p>	
Shropshire	<p>Age UK day centre Contact: 01743 233123 Held at: 3 Mardol Gardens, Shrewsbury, Shropshire, SY1 1PR</p> <p>Live at home Contact: 01952 462860 Held at: Methodist Church, Victoria Road, Shifnal, Shropshire, TF11 8A</p> <p>U3A Contact: 01948 880481 for Whitchurch or 01743 355159 for Shrewsbury Held at: Whitchurch, Castle Hill, Whitchurch, Shropshire, SY13 1BQ</p>	<p>North Shropshire Masonic Fellowship Contact: Joyce Barker on 01630 653239 Held at: Tern Hill Hall Hotel, Tern Hill, Nr Market Drayton, on the first Thursday of the month (except January, July &amp; August) meeting at 12.00 noon for lunch at 12.30pm.</p> <p>Shrewsbury Masonic Fellowship Contact: John Pullin on 01939 220488 Held at: Masonic Hall, Crewe Street, Shrewsbury on the 1<sup>st</sup> Tuesday of the month with the exception of January, July and August. They have 2 course meal at 1.00pm followed by a guest speaker</p> <p>Wrekin Masonic Fellowship Contact: Robert Hesketh on 01952 433142 Held at: Masonic Temple, Constitution Hill, Wellington on the third Monday of the month (with the exception of January, August &amp; September)</p> <p>Oswestry Masonic Fellowship</p>

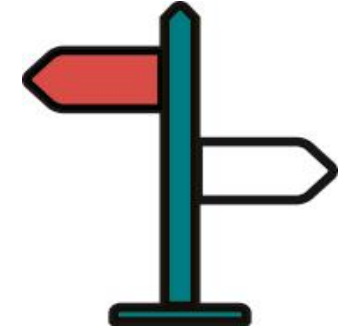


Province	Non Masonic Groups	Masonic Groups
		<p>Contact: Carole on 01691 610774 Held at: The Masonic Hall, Roft Street, Oswestry meets on the 2<sup>nd</sup> Wednesday of each month, September through to June at 12 noon.</p> <p>South Shropshire Masonic Fellowship Contact: Margaret Evason on 01743 718418 Held at: Ragleth Inn at Little Stretton meets at 12.30 pm on the 3<sup>rd</sup> Thursday of the month (except for December &amp; January)</p>
Somerset	<p>Age UK Contact: 01225 462641 Held at: 18 Kingsmead Square, Bath, BA1 2AE</p> <p>Somerset Choices Contact: <a href="https://www.somersetchoices.org.uk/adult/information-and-advice/health/keeping-healthy/loneliness/">https://www.somersetchoices.org.uk/adult/information-and-advice/health/keeping-healthy/loneliness/</a></p> <p>Young at Heart Club Contact: 07704 040399 Held at: The Burlescombe Community Hall, EX16 7JW</p>	<p>The Friendship Association Contact: Ray Baines on 01823 431720 or 07850 660672</p> <p>North West Association Contact: Ray Beckingham on 01934 413790 Held at: The Masonic Hall, Nailsea BS48 1BA, The Ship, Coast Road, Portishead and The Masonic Hall, Yatton BS49 4DW. Meets at 10.00am on the last Tuesday of each month.</p> <p>North East Association Contact: Mervyn Small on 01225 832133</p> <p>Central Association</p>

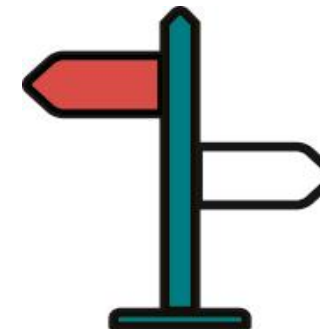


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		<p>Contact: John Hartry on 01458 443726 Held at: Masonic Hall, Hanover Square, Glastonbury BA6 8BT. Meets at 10.00am on the 4<sup>th</sup> Tuesday of the month.</p> <p>South East Association Contact: John Gregg on 01935 862896 Held at: Yeovil Masonic Hall, Hendford, Yeovil BA20 1TQ Meets at 10.15am on the 3<sup>rd</sup> Thursday of the month.</p> <p>The Yeovil Veterans Association Contact: Mike Waterman on 01935 478067 Held at: The Bell Inn, Preston Road, Yeovil BA20 2EW. 2<sup>nd</sup> Friday of the month from 11.30am</p> <p>South West Association Contact: John Trowbridge on 01823 412044</p> <p>The Taunton Friendship Association Contact: Lynne Evans on 01823 274597 Held at: Taunton Masonic Hall, The Crescent, Taunton, TA1 4EB. 10.30am on the 1<sup>st</sup> Wednesday of every month.</p>
Staffordshire	Lunch Club	Widows Club

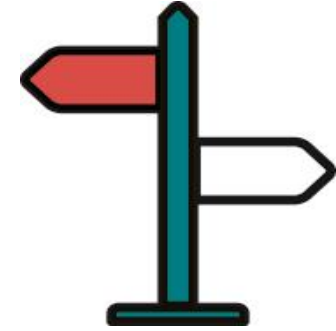




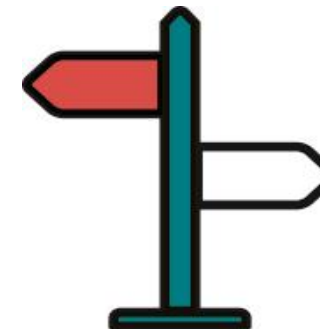
Province	Non Masonic Groups	Masonic Groups
	<p>Contact: 01782 917938 Held at: 29 Charles Street, Stoke-on-Trent, Staffordshire, ST1 3JP</p> <p>Good Companions Contact: 01785 811653 Held at: Walton Community Centre, Whitehill Lane, Walton, Stone, ST15 0EQ</p> <p>Young at Heart Club Contact: 07587 034299</p>	<p>Contact: Sheila Savage on 01782 392611 Held at: Masonic Hall, Shelton, Stoke on Trent.</p> <p>Hadley Masonic Luncheon Club Contact: John Caine on 01785 713808 or <a href="mailto:caine.ludworth@btinternet.com">caine.ludworth@btinternet.com</a> Held at: Chase Golf Club, Pottal Pool, Penkridge Luncheon club for all widows/widowers and elderly Masons and their wives on a bi-monthly basis.</p> <p>Group formed to look after widowers and to take them through the grieving process, as well as looking at the basics of looking after themselves. Contact: John Ratcliffe on 07923 513198 or <a href="mailto:Renwick.house@btinternet.com">Renwick.house@btinternet.com</a></p>
Suffolk	<p>Food and Friends Contact: 01473 351234 Held at: 14 Hill View Business Park, Claydon, Ipswich, IP6 0AJ</p> <p>50+ Club Contact: 01473 252456 Held at: 2 Wellington Street, Ipswich, Suffolk</p>	<p>Waveney Ladies Fellowship Contact: Andrea Hood on <a href="mailto:sambell1@me.com">sambell1@me.com</a></p> <p>Bury Ladies Fellowship Contact: Thelma Brown on <a href="mailto:thelmavista@btinternet.com">thelmavista@btinternet.com</a></p> <p>Felixstowe Ladies Fellowship Contact: Doug Paineon <a href="mailto:paine69@sky.com">paine69@sky.com</a> or <a href="mailto:paine69@talktalk.net">paine69@talktalk.net</a></p>



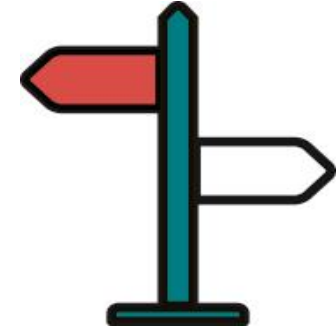
Province	Non Masonic Groups	Masonic Groups
Surrey	<p>Longmead Centre Contact: 01372 720563 Held at: Longmead Centre, Sefton Road, Epsom, Surrey, KT19 9HG</p> <p>Lingfield Day Centre Contact: 01342 833183 Held at: Mission Hall, High Street, Lingfield, Surrey, CR3 5TA</p> <p>Lunch Club Contact: 01252 419340</p>	<p>There are 6 Widows Associations across the area of Surrey. Email John Coleman for further information <a href="mailto:john.t.coleman@btinternet.com">john.t.coleman@btinternet.com</a></p>
Sussex	<p>The Poppies Centre Contact: 01502 572906 Held at: Carlton Colville, Lowestoft, Sussex</p> <p>Lunch Club Contact: 01903 257019 Held at: Chesham House Centre, 124 South Street, Lancing, West Sussex, BN15 8AJ</p>	
North Wales	<p>Welsh Widows Contact: 07749 542858 Contact the Elderly – North Wales Contact: <a href="mailto:sian.llewellyn@contact-the-elderly.org.uk">sian.llewellyn@contact-the-elderly.org.uk</a></p>	



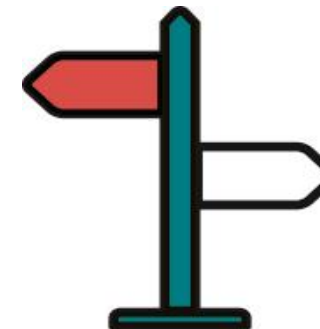
Province	Non Masonic Groups	Masonic Groups
	<p>Daffodil Day Centre            Contact: 01492 530315            Held at: The Old Parish Hall, Rhiw Road, Colwyn Bay LL29 7TS</p>	
Mid Wales	<p>Various Groups can be found on  <a href="http://www.powysthb.wales.nhs.uk/sitesplus/documents/1145/Lunch%20Clubs%20and%20Social%20Groups.pdf">http://www.powysthb.wales.nhs.uk/sitesplus/documents/1145/Lunch%20Clubs%20and%20Social%20Groups.pdf</a></p>	
South Wales	<p>Bavo Befriending            Contact: 01656 810400</p> <p>Barry Communities First            Contact: 01446 709432</p> <p>The Vale Third Sector Broker            Contact: 01446 729534 or 07964 974386</p>	<p>Aberdare Good Neighbour Club            Contact: Christine Griffiths on 01685 872774            Meets on the 4<sup>th</sup> Monday of the month at 2pm.</p> <p>Bridgend Good Neighbour Club            Contact: Bill Wilson on 01656 725747            Meets on the 2<sup>nd</sup> Tuesday of the month September to June.</p> <p>Cardiff Good Neighbour Club            Contact: Gerry Rogers on 0292 093303            Meets on the 4<sup>th</sup> Wednesday of the month at 1.45 pm.</p> <p>Merthyr Good Neighbour Club</p>



Province	Non Masonic Groups	Masonic Groups
		<p>Contact: Stephen Rumble on 01443 730141 Meets on the 3<sup>rd</sup> Tuesday of the month at 2.15pm September to June.</p> <p>Vale Good Neighbour Club Contact: Ann Crook on 01443 203103 Held at: Masonic Hall Pontyclun meets on the 3<sup>rd</sup> Wednesday of the month at 1.30pm September to June.</p>
West Wales	<p>Age UK Lunch clubs Contact: 01554 784080</p>	
Warwickshire	<p>Coventry Friendship Centre Contact: Ann Johnson on 02476 677361 Held at: Church Hall, St John the Baptist Church, Spon Street/Corporation Street, Coventry</p> <p>Nuneaton Friendship Centre Contact: 02476 350632 Held at: Ambleside Sports and Social Club, Ambleside Way, Nuneaton, CV11 6AT</p>	<p>Widows Association Group Contact: Doreen Wandsworth on 02476 689054 Held at: Coventry Masonic Hall They meet once a month and have lunch and have different speakers with different topics or discussions.</p> <p>Widows Friendship Group catering for Warwickshire and Worcestershire Widows Contact: David Bateman on <a href="mailto: davidbateman@aol.com">davidbateman@aol.com</a></p>
Wiltshire	<p>Lunch Club Contact: 01305 236666</p>	<p>Salisbury Masonic Widows Association Contact: Mrs Jean Lewis, 6 Chestnut Close,</p>



Province	Non Masonic Groups	Masonic Groups
	<p>Wiltshire Club Directory Contact: 01225 713726</p>	<p>Laverstock, Salisbury, SP1 1SL Swindon Masonic Widows Associations Contact: Mrs Julia Collett, 8 Sandown Avenue, Swindon, SN3 1QD</p> <p>Chippenham Masonic Widows Association Contact: Mrs Janet Denning, White Beams, 30 By the brook, Chippenham, SN146QD</p>
Worcestershire	<p>The Triangle Club Contact: 01905724294 Held at: The YMCA Henwick Road St. John's Worcester WR2 5NS</p> <p>The West Worcester Live at Home Scheme Contact: 01905 420805</p>	
Yorkshire North & East Ridings		<p>Zetland Ladies Friendship Club Contact: Wyn Hirst on 01642 818729 and <a href="mailto:wynhirst@hotmail.com">wynhirst@hotmail.com</a> Held at: The Rugby Club in Middlesbrough on the 4<sup>th</sup> Tuesday of the month.</p> <p>Castlegate Ladies Association Contact: Lillian Kay on 01904 707222 Ladies Freemasons Lodge no 86</p>



Province	Non Masonic Groups	Masonic Groups
		<p>Contact: Irene Pearson on 01904 744316 or June Wanless on <a href="mailto:june.wanless@btinternet.com">june.wanless@btinternet.com</a></p> <p>Cleveland Ladies Group            Contact: Mrs Joan Halliwell on 01642 490109            Meeting at Saltburn Golf Club the 1<sup>st</sup> Wednesday of each month at 12pm for a lunch and talk. Venue:            Slatburn Golf Club            Hob Hill            Guisborough Road            Saltburn-By-The-Sea            TS12 1NJ</p>
Yorkshire West Riding	<p>Pudsey Friendship Group            Contact: Marylyn Whelan on 01274 511368</p> <p>Burmantofts Senior Action            Contact: 0113 2489191            Held at: 25 Shakespeare Close, Leeds, West Yorkshire,            LS9 7UQ</p>	