

# Our impact 2023/24

## In Essex



**Masonic**  
Charitable Foundation

### Local community

**10**

Essex charities supported

**£55,000**

given to charities in Essex

### Support for individuals and families



**140**

grants awarded



**96**

individuals and families helped



**£447,915**

given to individuals and families



**£277,775**

given to support with daily living costs



**£54,756**

given to support the education of children and young people



**£115,383**

given to support healthcare and wellbeing



**13**

people accessed mental health support



The MCF grant has been invaluable during my recovery after heart transplant surgery. It has allowed me to stop relying on an overdraft for daily living, something I couldn't repay without selling my home."

### And beyond...

This year we supported more than 330 charities in England, Wales, the Channel Islands, the Isle of Man and internationally and helped more than 3,000 individuals and families in need.

### Read our full Impact Report!

Scan the QR code using your phone camera or visit [mcf.org.uk/impact-report](https://mcf.org.uk/impact-report)

