Our impact 2023/24 In Suffolk



7 Suffolk charities supported **£21,496** given to charities in Suffolk

Support for individuals and families



62 grants awarded

45 individuals and families helped

£171,624 given to individuals and families



£88,876

given to support with daily living costs



£11,837

given to support the education of children and young people



£70,912

6

given to support healthcare and wellbeing



people accessed mental health support





This MCF grant has been a huge help, allowing me to pay household bills, nursery fees, and take my two toddlers to playgroups and soft play. Struggling on Universal Credit, I felt they were missing out, and being isolated at home was affecting my mental health. As a stay-athome parent, these activities are essential social interaction for me and my children."

And beyond...

This year we supported more than 330 charities in England, Wales, the Channel Islands, the Isle of Man and internationally and helped more than 3,000 individuals and families in need.

Read our full Impact Report!

Scan the QR code using your phone camera or visit **mcf.org.uk/impact-report**

