Our impact 2023/24 In **Sussex**

Local community

6 Sussex charities supported £155,974 given to charities in Sussex

Support for individuals and families



188 grants awarded

125 individuals and families helped



£621,999 given to individuals and families



£352,365 given to support with daily

living costs



£37,091

given to support the education of children and young people



£232,543

17

given to support healthcare and wellbeing



people accessed mental health support





The rising cost of living has been very worrying, so having this financial cushion in the form of an MCF grant is a huge relief for my physical and mental health. Thank you."

And beyond...

This year we supported more than 330 charities in England, Wales, the Channel Islands, the Isle of Man and internationally and helped more than 3,000 individuals and families in need.

Read our full Impact Report!

Scan the QR code using your phone camera or visit **mcf.org.uk/impact-report**

