

# Our impact 2024/25

## Cumberland and Westmorland



### TOTAL SUPPORT

**£27,387,558**

overall support provided

- **373** grants awarded to local and national charities totalling **£6,637,013**
- **2,883** individuals helped through grants totalling **£14,330,545**
- **£6,420,000** in support provided for residential care



### LOCAL COMMUNITY SUPPORT

**£107,300** given to charities in Cumberland and Westmorland

- **£75,000** for children aged up to five affected by poverty and neglect
- **£22,300** given through Hospice UK grants in your Province
- **£10,000** for other charitable causes

**7** Cumberland and Westmorland charities supported

#### Top charities supported include

- CADAS Cumbria Addictions **£60,000**
- Cumbria Family Support **£15,000**
- Growing Well, Cumbria **£2,000**

**£183,654** given to Cumberland and Westmorland charities from Relief Chests

Support for Cumberland and Westmorland individuals and families

- **46** grants awarded totalling **£164,458**
- **35** individuals and families helped

*“This grant has enabled us to provide a holistic, child-centred trauma recovery service to children and young people and wider family members who have experienced violence, exploitation or abuse. We have delivered sessions on boundaries, grounding techniques, outcome setting, self-care, safety plans and online safety, psychoeducational work around trauma and provided a safe space where children and young people can build a trusting relationship with staff with clear boundaries.”*

Safety Net UK

#### Information, Advice and Guidance

- **45** times support was given by our Advisers
- **6** times individuals and families received a visit from our Visiting Volunteers

Scan the QR code using your phone camera to view the national impact summary as well as other Province's impact posters or visit [mcf.org.uk/impact-report](http://mcf.org.uk/impact-report)

